

THE PINES FITNESS CENTRE RULES

There is a \$25.00 deposit for Fitness Centre key

- 1) No one under the age of 18 is allowed in the gym at any time, unless accompanied by a PARENT OR LEGAL GUARDIAN OR RESPONSIBLE ADULT OVER THE AGE OF 21.
- 2) Parents and adults supervising those under 18 will be held responsible for their actions.
- 3) Do not allow friends, family, or other to “hang out” or enter gym. You will be held accountable for damages or theft caused by your friends or guests.
- 4) Proper gym attire is required for all users.
- 5) Gym is for residents and immediate guests of residents only.
- 6) Residents are allowed only (1) guest per visit unless previously authorized by management.
- 7) Residents must accompany their guests at all times.
- 8) Please wipe down equipment following use.
- 9) All weights must be put back on racks or in proper place. Remember, that not all gym patrons can lift heavy weights and you must assist all users by returning the weights you use.
- 10) No food or glassware permitted in gym.
- 11) Keep gym and bathrooms clean.
- 12) Close and make sure gym door is locked when you enter and exit. Close and lock any windows open if you are the last one leaving the gym.
- 13) Do not allow anyone you do not know into the gym, you will be held responsible for any actions of anyone you allow into the gym.
- 14) A red club pass is required to use gym. You may be asked to show your red pass by management to assure that you are a resident.
- 15) Please report any problems, trespassing, broken items, or other to the leasing office.
- 16) If you move machines, or machines are moved due to your workout (i.e. heavy bag) you must move it back into place.
- 17) No cursing, yelling, fighting, rough behavior, or unreasonably loud music.
- 18) Any theft or destruction will result in your immediate revocation of your gym privileges.
- 19) Violation of gym rules can, may, or will cause residents to have their gym privileges revoked.

I have reviewed and agree to all of the above rules:

Resident Name _____

Resident Name _____